This A to Z Guide was created in order to assist patrons during their visit to Old Dominion University Intercollegiate Athletic events held at the Powhatan Sports Complex. The information contained in this guide may be subject to change.

The mailing address, stadium address, telephone numbers and Internet information for Old Dominion University Field Hockey and Lacrosse:

Mailing Address Powhatan Sports Complex 4251 Powhatan Ave. Norfolk, VA 23529 Phone Number: (757) 683-3375 (Field Hockey and Lacrosse) Fax: (757) 451-3015 (Field Hockey and Lacrosse)

Internet: www. http://odusports.cstv.com

Alcohol Policy

Alcoholic beverages are not for sale nor may alcoholic beverages be brought into any on-campus facilities.

Animals

Seeing Eye Dogs or other animal assistance utilized by the disabled or visually impaired are welcomed with proper identification (official vest). All other animals are prohibited from the facilities.

ATM

There is no ATM at Powhatan Sports Complex.

Bags, Backpacks, and Purses

Oversized bags and purses (nothing larger than 8 $\frac{1}{2}x$ 11") are prohibited from all Old Dominion University athletic facilities. All bags and purses are subject to inspection when entering, or at anytime while inside the stadium by the Event Staff or Security.

Banners and Signs

Hand held banners and signs are welcome inside any of the various facilities. However, to make sure they do not interfere from the enjoyment of the other patrons, fans should adhere to the following guidelines: Banners and signs should be individually hand held and not be any larger than 24" x 36" (2' x 3'). Banners and signs should not contain any advertising, derogatory or offensive language/logos, and should not contain any wood, metal material or other object for support. Old Dominion University reserves the right to remove any banner and/or sign from individuals it does not deem appropriate.

Camera Policy

Fans are welcome to bring any non-flash, still cameras into the facilities to take pictures of sporting events or of the facility itself. No large camera bags (anything larger than 8 ½"x 11"), tripods, lenses larger than 6", and other photography equipment are allowed in the facilities, and camera use must not interfere with the other patrons viewing the game. Video cameras are strictly prohibited for non-media guests.

Code of Conduct

Old Dominion University Intercollegiate Athletics is committed to creating a safe, comfortable, and enjoyable sports and entertainment experience by promoting good sportsmanship through its student-athletes, coaches, and spectators. Any offensive, obscene, racial, or sexist remarks or other threatening actions directed toward coaches, student-athletes, officials, fans, or team representatives will not be tolerated and can be grounds for immediate removal from the facility, as well as further disciplinary action. Patrons appearing intoxicated will be denied entry to the event, and those engaging in fighting or throwing of objects will be ejected from the facility. Patrons who choose not to adhere to these provisions will be subject to ejection without refund of ticket (if it was a ticketed event) and may be in violation of city ordinances, resulting in possible arrest and prosecution.

Concessions

There is one concession stand located to the right of the main entrance area of the stadium, operated by Aramark. A wide selection of food is available – ranging from hot dogs and nachos to pretzels, and hot and cold drinks.

Directions to the Powhatan Sports Complex from the Interstate

FROM THE NORTH: Highway 13 down the Eastern Shore, and through the Chesapeake Bay-Bridge Tunnel (\$10 toll). Follow 13 (Northampton Blvd.) until you cross over Military Hwy. onto 166 (Princess Anne Rd.). Stay on Princess Anne until you reach Hampton Blvd. Turn right onto Hampton Blvd. then left onto 43rd St. Powhatan Sports Complex field will be about ½ mile down on your left.

FROM THE SOUTH: I-95 North to U.S. 58 (Emporia, Va.) or I-85 North to U.S. 58 (South Hill, VA). Follow U.S. 58 East to Norfolk. Cross the Berkley bridge and bear left. Turn right onto St Pauls Blvd. Follow to Brambleton Ave. and take a left. Brambleton turns into Hampton Blvd. by the hospital. Take Hampton Blvd. to 43^{rd} street and turn left. Powhatan Sports Complex field will be about $\frac{1}{2}$ mile down on your left.

Directions to the Powhatan Sports Complex from the Interstate (cont.)

FROM THE WEST: I-64 East through the Hampton Roads Bridge-Tunnel. Take Terminal Blvd. exit (#276). Approximately 2 miles turn left onto Hampton Blvd. Approximately 4.25 miles, turn right onto 43rd St. Powhatan Sports Complex field will be about ½ mile down on your left.

Disabled Accessibility

Disabled access for ADA patrons to the bleacher section can be found on the main entrance end of the bleachers, where a wheelchair ramp has been provided. In addition, to accommodate our guests there is reserved parking for ADA patrons in Lot 43 across from the Powhatan Sports Complex

Elevators/Escalators

There is one elevator with limited access inside the Powhatan Sports Complex that leads up to the press box.

Entrance Locations

There is only one entrance into the stadium. The main entrance gate is located on the 43rd Street side of the facility.

First Aid Stations

There is no First Aid station located at Powhatan Sports complex or EMTs on site. If emergency help is needed please have someone call 911 on a cell phone.

Food and Beverages

Guests are not permitted to bring any outside food or beverages to any Old Dominion University Intercollegiate Athletic facilities. All food and beverages must be purchased from the concession stand.

Hotels/Motels

The city of Norfolk and surrounding cities offer many different hotels/motels to choose. You can choose from a luxurious hotel to a bargain-based hotel, or from a hotel located in downtown Norfolk, one located near the beach to one on the Old Dominion University campus. For more information on your overnight stay visit any of the following websites: www.norfolk.com, www.norfolk.com"/>www.norfolk.com, www.norfolk.com"/>www

Lost and Found

There is no centralized location for lost and found items. However, after the conclusion of the game, lost and found items may be retrieved by contacting the athletic facilities office at (757) 683-5924.

ODUsports.cstv.com

<u>www.ODUsports.cstv.com</u> is the official website of Old Dominion University Intercollegiate Athletics.

Parking

Parking is available for athletic contests that are held in the Powhatan Sports Complex to the general public on a "first come first serve" basis in a number of areas. These areas include: Lot 43, located on 43rd Street cross from the Powhatan Sports Complex and parking ramps located on 43rd Street prior to the Powhatan Sports Complex.

Promotions

To find out about upcoming promotion and ticket discounts for Old Dominion University athletic events, click on www.odusports.comand click on game promotions on the left.

Publications

Free game Day rosters are available at the Concession stand counter.

Public Transportation

Hampton Roads Transit (HRT) is the region's public transportation system. HRT provides one fare routes and connections within and between the cities of Norfolk, Virginia Beach, Chesapeake, Portsmouth, Hampton, Newport News and Suffolk. For more information visit their website at

http://norfolkcvb.com/groups/transportation-parking.html

Prohibited Items / Restrictions

In the interest of guest safety and enjoyment Old Dominion University reserves the right to prevent certain items from entering or being used at the Powhatan Sports Complex. These include, but are not limited to: weapons or anything that can be used as a dangerous item, sticks, or flagpoles; outside food or drink; larger bags, backpacks, and over-sized purses (nothing larger than 8 ½"x 11"); banners and signs larger than 24" x 36"; signs or clothing with inappropriate or offensive language; camcorders; cameras with lenses larger than six inches; noisemakers; "wheelie shoes"; pets; tobacco; umbrellas* and laser pointers. At the same time, other items that may risk the safety or viewing/listening enjoyment of the guests may be prohibited.

* For more information regarding umbrellas, please see section titled Umbrellas.

Restrooms

The restrooms are located in the in the concession stand building at the main entrance of the stadium,

Smoking Policy

Smoking is not permitted in any Old Dominion University buildings and outdoor facilities. Designated smoking areas are marked outside the stadium and you must display your ticket stub for re-entry into the facility.

Ticket Information

For ticketed events at the Powhatan Sports Complex, please contact the ticket office at 757-683-4444 or <u>http://odusports.cstv.com/tickets/oldd-tickets-home.html</u>

Umbrellas

Umbrellas are not permitted in the stands at all ODU athletic outdoor venues.